

## Junior weekly schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8.00am	Arrive and register				
8.20am	Registration process	Arrive and check in			
8.30am	3v3 Games				
8.45am	Agility & coordination				
9.00am	Dribbling Technique				
9.30am	1v1s	1v1s	1v1s	2v2s	2v2s
10.00am	Passing & Receiving	Passing & Receiving	Passing & Receiving	Passing & Receiving	Going 2 Goal
10.30am	Possesion Games	Possesion Games	Possesion Games	Possesion Games	
11.00am	Going 2 Goal	Going 2 Goal	Going 2 Goal	Going 2 Goal	<b>10.30-11.50am</b> 4v4 Tournament
11.30am	Small Sided Games	Small Sided Games	Small Sided Games	Small Sided Games	
12noon	Depart for home	Depart for home	Depart for home	Depart for home	12.00noon Closing ceremony



## Junior weekly schedule (4-day Camp)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8.00am	HOLIDAY NO TRAINING THIS DAY	Arrive and register			
8.15am		Registration process	Arrive and check in	Arrive and check in	Arrive and check in
8.30am		3v3 Games	3v3 Games	3v3 Games	3v3 Games
8.45am		Agility & coordination	Agility & coordination	Agility & coordination	Agility & coordination
9.00am		Dribbling Technique	Dribbling Technique	Dribbling Technique	Dribbling Technique
9.30am		1v1s	1v1s	2v2s	2v2s
10.00am		Passing & Receiving	Passing & Receiving	Passing & Receiving	Going 2 Goal
10.30am		Possesion Games	Possesion Games	Possesion Games	
11.00am		Going 2 Goal	Going 2 Goal	Going 2 Goal	10.30-11.50am 4v4 Tournament
11.30am		Small Sided Games	Small Sided Games	Small Sided Games	
12noon		Depart for home	Depart for home	Depart for home	12.00noon Closing Ceremony Closing ceremony