



## Field Player 5-Day weekly schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
<b>7.45am</b>	Arrive and register				
<b>8.20am</b>	Registration process	Arrive and check in	Arrive and check in	Arrive and check in	Arrive and check in
<b>8.30am</b>	SOCBERSIZE	SOCBERSIZE	SOCBERSIZE	SOCBERSIZE	SOCBERSIZE
<b>9.15am</b>	Dribbling & one.Agility	Dribbling & one.Agility	Dribbling & one.Agility	Dribbling & one.Agility	Dribbling & one.Agility
<b>10.00am</b>	Technique	Technique	Technique	Technique	(10.00-11.45am) Footvolley & Small sided Tournament
<b>10.45am</b>	RONDO GAMES	RONDO GAMES	RONDO GAMES	RONDO GAMES	
<b>11.20am</b>	Going 2 Goal	Going 2 Goal	Going 2 Goal	Going 2 Goal	(12noon) Closing Ceremony & Depart for home
<b>12.00pm</b>	Lunch	Lunch	Lunch	Lunch	
<b>12:45pm</b>	Warm up	Warm up	Warm up	Warm up	
<b>1:00pm</b>	Transition Games	Transition Games	Transition Games	Transition Games	
<b>1:45pm</b>	Footvolley / small sided games	Footvolley / small sided games	Footvolley / small sided games	Footvolley / small sided games	
<b>3:15pm</b>	Warm Down	Warm Down	Warm Down	Warm Down	
<b>3:30pm</b>	Depart for home	Depart for home	Depart for home	Depart for home	



## Field Player 4-Day weekly schedule

Time	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>8:00am</b>	Arrive and register			
<b>8:15am</b>		Arrive and check in	Arrive and check in	Arrive and check in
<b>8.30am</b>	SOCBERSIZE	SOCBERSIZE	SOCBERSIZE	SOCBERSIZE
<b>9.15am</b>	Dribbling & one.Agility	Dribbling & one.Agility	Dribbling & one.Agility	Dribbling & one.Agility
<b>10.00am</b>	Technique	Technique	Technique	Technique
<b>10.45am</b>	RONDO GAMES	RONDO GAMES	RONDO GAMES	RONDO GAMES
<b>11.20am</b>	Going 2 Goal	Going 2 Goal	Going 2 Goal	Going 2 Goal
<b>12.00pm</b>	Lunch	Lunch	Lunch	Lunch
<b>12:45pm</b>	Warm up	Warm up	Warm up	Warm up
<b>1:00pm</b>	Transition Games	Transition Games	Transition Games	FUN SMALL SIDED TOURNAMENT & SOCCER TENNIS
<b>1:45pm</b>	Footvolley / small sided games	Footvolley / small sided games	Footvolley / small sided games	
<b>3:15pm</b>	Warm Down	Warm Down	Warm Down	Warm Down
<b>3:30pm</b>	Depart for home	Depart for home	Depart for home	Depart for home